



BCLA CERTIFICATE SPECIFICATION

KEY FACTS

Certificate name	Myopia Management
Award	Certificate
Certificate leads	Indie Grewal and Keith Tempany
Type of study	Part Time
Total CPD credits	6 (lectures)
Total FBCLA credits	10

CERTIFICATE SUMMARY

The Theoretical Concepts and Application of Myopia Management certificate from the BCLA will focus on clinical skills and evidence practice in myopia management, allowing BCLA members to gain CPD credits while working towards a certificate, and towards a higher level leading to a BCLA Fellowship.

The structure of the certificate is designed to provide you with a fundamental knowledge of the epidemiology and risks of myopia, expert knowledge in the main areas of myopia management including practical advice on how to start myopia Management in your practice. The Myopia Management certificate can be achieved by any optometrist or contact lens optician who attains seven credits and a final (online) written examination. It is a requirement of the certificate that each of the 6 online modules and 1 relevant myopia management workshop/ peer review is passed in order to progress and there are no optional modules within this certificate. A BCLA Myopia Management Certificate will be issued on successful completion of the course. This certificate will need to be renewed every three years and BCLA membership must be maintained throughout this period.

The course is available for free to full members of the BCLA including access to all course materials and additional resources. The course needs to be completed within twelve months from the date of enrolment, if you do not manage to complete the course within this time frame, all attempts will be removed and you will need to re-enrol. One extension request (of up to 6 months) is allowed by contacting the BCLA office. Students working towards their Certificate will have up to 3 attempts to complete the online modules and a maximum of 1 attempt at the final written examination.

WHAT WILL I BE EXPECTED TO ACHIEVE?

On successful completion of this programme, you will be expected to be able to:

- Understand the increasing epidemiology and burden of myopia.
- Understand the risks for onset and progression of myopia.
- Ability to differentiate between the different myopia management strategies and consider when to implement these.
- Ability to communicate effectively the rationale for myopia management with children and their parents.
- Develop an appropriate myopia management strategy to use in your clinical practice.

HOW WILL I LEARN?

You will be taught using a series of online lectures, a hands-on workshop or small-group peer discussion, and self-reflection. The online recorded lectures are supported with handouts and PowerPoint slides to summarise key points.

Part A: Online lectures (six CPD points)

Six online recorded lectures with a short 12-question MCQ quiz each. The MCQ's are only available after watching the lectures. You must achieve a grade of 10 or more to pass, and you have two attempts to answer these questions. A third attempt is available on request.

Part B: Interactive Myopia Management Session and Self Evaluation

Participation at one relevant myopia management related workshop or peer review is needed to complete Part B of the BCLA Myopia Management Certificate. For the UK, the session needs to be a GOC approved CPD, validated with a reference number. For overseas members, any relevant country accredited course is accepted.

Opportunities will be available to attend relevant sessions at various BCLA events, though you may also attend a non-BCLA led session, just as long as it meets the Part B course criteria. Note also that any relevant workshop attended within the last six months will be considered as eligible for passing the Part B section of the course too.

After attending one relevant session you will be required to submit proof of attendance (session details to include title, speaker, date and CPD reference number) and a self-reflection statement (minimum 100 words). The self-reflection statement should outline the knowledge learnt at the workshop/peer review session, including how you will utilise your key learning to deliver best practice care for myopic patients.

You would need to have completed and passed both Parts A and B of the course before being eligible to sit the Part C exams.

WHAT TYPES OF ASSESSMENT AND FEEDBACK CAN I EXPECT?

Part C: Written exam

A 45-minute, timed, (online) MCQ examination to assess:

- Your understanding of the epidemiology, risk factors and progression of myopia
- Your ability to explain myopia management strategies based on a scenario
- Your approach to communicate effectively with children and their parents
- Your approach to management currently used in your own practice/ how to set up

Assessment Regulations

In order to pass the certificate, you need to pass all 3 parts of the course.

Part A: Pass each MCQ quiz with 10 out of 12 questions

Part B: Obtain CPD/ credits for accredited workshop or peer review

Part C: Pass the written examination

Assessment Results

You will be provided with the outcome of each part:

Part A: Immediately after completing the MCQ quizzes

Part B: Depends on the accredited workshop or peer review provider

Part C: Immediately after completing the written examination

Part D: Re-accreditation

Every 3 years following successful completion of this certificate, you are asked to re-accredit the certificate via the BCLA Learning Platform. This process involves one of the following:

- A. Submit a 250 to 500-word reflective report about your myopia management in practice or, if not in practice, how you have used the knowledge from the certificate to inform your daily work.
- B. Submit a 250 to 500-word summary about the most significant developments in the field of myopia management since your accreditation.

We encourage you to use a Reflection Framework, for example from *Rolfe G, Freshwater D, Jasper M (2001). Critical Reflection for Nursing and the Helping Professions a User's Guide. Basingstoke, UK: Palgrave Macmillan*, although you are allowed to use any other framework you prefer. A copy of this framework is available on the BCLA Learning Platform.

You will have one month (January) to complete re-accreditation. For example, if your certificate is 2021 to 2024, you are asked to complete Part D in January 2025. One extension request (of up to 3 months) is allowed by contacting the BCLA office. Without successful completion of Part D, the BCLA will remove your certificate accomplishment.

Please contact membership@bcla.org.uk if you have any queries about any of the requirements.

HOW DO I ENTER THE COURSE?

Applications are considered from any optometrist or contact lens optician, globally. The course is available to full members of the BCLA and is free to complete including access to all course materials and additional resources.

Version: 4.0

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Next review: January 2023